

the Met

bar-café

Homemade Soup of The Day @ € 5.00

Served with Homemade Treacle Brown Bread
Allergens – 4,5,6,7,8,10,11

Creamy Seafood Chowder @ € 8.25

Served with a Homemade Treacle Brown Bread
Allergens – 1,2,3,5,6,7,8,12,13,14

Jack Daniels Glazed Pork Ribs @ € 7.50

Main Course Option available @ € 10.50
Served with Chunky Style Coleslaw
& a Sweetcorn Fritter
Allergens – 5,6,8,9,12,13,14

Smoked Haddock & Dill Fish Cakes @ € 7.50

Served with a Tangy Lemon Mayonnaise,
Dressed Rocket Salad & a Lemon Twist
Allergens – 3,6,7,8,10,11,13

Chicken Caesar Salad @ € 7.00

Main Course Option available @ € 10.50
Bacon Lardons, Garlic Croutons, Lemon Chicken,
Parmesan Shavings & Caesar Dressing
Allergens – 3,6,7,8,10,11,13,14

Marinated Chicken Skewers @ € 7.00

Main Course Option available @ € 10.50
Poppy Seed & Natural Yoghurt Marinated Chicken
Skewers, Toasted Pitta Bread, Rocket & Tomato
Salad with Coronation Sauce
Allergens – 5,6,8,10,11,13

SANDWICHES

Steak Sandwich @ € 14.00

Mustard Marinated Strips of Beef with Sautéed
Onions & Mayo, Served in a lightly Toasted
Baguette & Hand Cut Chips
Allergens – 5,6,7,8,10,11,13,14

Fitzwilton Classic Club @ € 12.50

Triple Decker Toasted Sandwich filled with Confit
Chicken, Crispy Bacon, Cheddar Cheese, Lettuce,
Tomato, Mayo & a Fried Egg with Chips
Allergens – 5,6,8,10,11,13

Sandwich and Chips with your Choice of Fillings

@ € 7.50

Choose from Honey Glazed Ham, Confit Lemon
Chicken, Mixed Salad, Egg & Scallion Mayo or
Cheddar Cheese

Allergens – 5,6,7,8,9,10,11

Soup & Blaa Combo @ € 7.50

Homemade Soup of the Day, with a Floury
Waterford Blaa Filled with Ham Salad or
Chicken Salad

Allergens – 4,5,6,7,8,9,11,12,13

PANINI'S & WRAPS

Homemade Cajun Chicken Wrap @ € 9.95

Slow Cooked Chicken mixed with Cajun Mayon-
naise wrapped in a Lightly Toasted Flour Tortilla,
Served with Side Salad & Hand Cut Chips

Allergens – 5,6,7,8,11,13,14

Toasted Special Panini @ € 9.95

Honey Glazed Ham, Cheese, Tomato & Onion
Served with Hand Cut Chips & Side Salad

Allergens – 5,6,7,8,11

Mozzarella & Roast Pepper Panini @ € 9.95

Served with Hand Cut Chips & Side Salad

Allergens – 5,6,7,8,12,13

PASTA CORNER

Salmon & Prawn Linguini @ € 14.95

1/2 portion available €9.50

Cooked in a Pepper & Coconut Cream Sauce,
With Spinach Leaves & Fresh Parmesan
Shavings

Allergens – 1,2,3,5,6,8,9,11,12,13

Spaghetti Bolognese @ € 13.95

1/2 portion available €8.95

Homemade Tomato Bolognese on a bed of
Spaghetti Pasta with Fresh Parmesan Shavings
& Garlic Bread

Allergens – 4,5,6,8,9,11,12,13

Homemade Beef Lasagne @ € 14.95

Layers of Pasta with Slow Cooked Minced Beef
& White Sauce, Baked with a Rich Red Cheddar
served with Side Salad & Chips

Allergens – 5,7,8,9,11,12,13

Menu Subject to Change

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MAIN COURSES

8oz Homemade Beef Burger @ € 15.50 (Add Bacon 50c) Allergens – 4,5,6,7,8,10,11,13,14

Served in a Toasted Brioche Bun with a Crispy Onion Ring & Cheddar Cheese, Served with Hand Cut Chips
PLEASE ALLOW US MINIMUM 15 – 20 MINUTES TO SERVE

Roast of the Day @ € 13.95 Allergens – 7,8,9,10,12,13,14

1/2 Portion Available @ €8.95

Served with Fresh Market Vegetables & Potatoes with Traditional Homemade Roast Gravy
PLEASE ALLOW US MINIMUM 15 – 20 MINUTES TO SERVE

10oz Sirloin Steak @ € 22.50* Allergens – 7,8,9,11,12,13

Cooked as you like, Served with Roasted Vine Tomatoes,
Onion Rings & Hand Cut Chips with Garlic Butter or Pepper Sauce

Beer Battered Fish of the Day @ € 13.95 Allergens – 5,8,10,11,13,14

Served with a Homemade Tartar Sauce, Chunky Coleslaw & Hand Cut Chips

Fitzwilton House Vegetable Curry @ € 13.95 (add chicken or beef for €1) Allergens – 4,5,6,8,9,12,14

Braised Lemon & Turmeric Rice, a Fresh Heated Naan Bread with Mango Chutney

Mixed Vegetable Stir Fry @ € 12.00 (Add Chicken €1.00) Allergens – 4,5,6,9,10,12,13

Mixed Vegetable & Egg Noodle Stir Fry, Cooked in a light Soya & Sweet Chilli Sauce

Homemade Chicken Fillet Burger @ € 13.95 Allergens – 5,6,7,8,10,11,14

Deep Fried Fillet of Chicken in a Toasted Floury Bap with Chipotle Mayo & Hand Cut Chips

* Inclusive Dining Packages carry a Steak Supplement of €7.00

HEALTHY OPTIONS

Mixed Salad @ € 7.95 Allergens – 5,6,7,10,11,12,13

House Dressed Mixed Salad with Roast Peppers, Cucumber, Cherry Tomatoes & Onion, Lightly Dressed with Fresh lemon

Prawn Stir Fry @ € 8.95 Allergens – 1,2,3,5,6,8,10,12,13

Stir Fried Prawn & Mixed Vegetable Salad, Served in a Crispy Cos Lettuce Cup,
Cooked in a light Soya & Sweet Chilli Sauce

Tomato, Basil & Roast Vegetable Penne Pasta @ €10.50 Allergens 1, 2, 3, 5, 6, 8, 10, 12 & 13

Stir Fried in a fresh Tomato and Basil Sauce

SELECTION OF SIDE ORDERS €3.50 & DESSERTS €4.50 AVAILABLE

Menu Subject to Change

1&2 Shellfish, 3 Fish, 4 Peanuts, 5 Nuts, 6 Cereals, 7 Milk, 8 Soya, 9 Sulphur Dioxide,
10 Sesame Seeds, 11 Eggs, 12 Celery & Celeriac, 13 Mustard, 14 Lupin